

# November Newsletter

## I. F. Cox School

November is a time of reflection and gratitude. As we approach Remembrance Day, we are reminded of the sacrifices made by the men and women that served in the Canadian military and the importance of appreciating the blessings in our lives, both big and small.

At I.F. Cox School, we have much to be thankful for.

First and foremost, I would like to express my deep gratitude to our dedicated teachers and support staff who continue to provide a safe and nurturing learning environment for our students. Their commitment to academic excellence and the well-being of every child is truly commendable.

I would also like to extend my thanks to our wonderful students. Their enthusiasm and curiosity light up our school, and we are proud of their hard work and accomplishments, both inside and outside the classroom.

We must not forget the essential role parents and guardians play in our school community. Your involvement and support make a significant difference in your child's education. Thank you for your partnership in this journey. I hope you found value in the Progress Reports and Goal Setting Evenings. If you have feedback for us, please call the office or send me a message.

As we continue through November, please remember to stay engaged in your child's education, maintain open lines of communication with our teachers, and embrace the opportunities to get involved in our school community.

Once again, I want to express my gratitude for your ongoing support and involvement. Together, we can make this school year a memorable and successful one for all of our students.

Wishing you a wonderful November,  
Mrs. Linda Asham

# READING BUDDIES

WE ARE LOOKING FOR MEMBERS OF THE COMMUNITY TO READ WITH OUR STUDENTS. PLEASE LET THE SCHOOL KNOW IF YOU ARE INTERESTED IN VOLUNTEERING.



Thank you to all of the families that came out to our Halloween Dance! DJ "Rockin" Ron Mason was a hit. Special thanks to our "Family and School Success Team" for planning the event.





# BRIDGES FAMILY PROGRAMS

<b>1</b>	<b>Parenting Tips for Everyone</b> Nurturing Parenting Group Triple P Lunch & Learn Active Parenting	<b>4</b>	<b>Parenting Tips for Dads</b> Nurturing Fathers Dads Group
<b>2</b>	<b>Parenting Tips for Teens</b> Active Parenting of Teens Teen Group Triple P	<b>5</b>	<b>Parents &amp; Children</b> Sensory Group Infants Sensory Group Preschool Sensory Group School Age Sensory Group Miwasin Young & Mighty Parents Attachment for Life
<b>3</b>	<b>Parenting Tips for after Separation</b> Cooperative Parenting & Divorce Family Transitions Triple P Solo Parenting Group	<b>6</b>	<b>Specific Parenting Tips</b> Grandparents Group 2SLGBTQIA+ Parent Support Stepping Stones Triple P (Disabilities) Fear-less Triple P (Anxiety & Stress)

Scan the code or contact us to register for FREE.  
All we need is your name, email address, phone number, town/city, and the age(s) of your child(ren).



## PARENT EDUCATION PROGRAM NOVEMBER 2023 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
In partnership with   <b>PANAGO</b>			Group Triple P: 10:00am - 12:00pm Fear-less Triple P Group 3:00 - 5:00pm Cooperative Parenting & Divorce 3:00 - 5:00pm <b>1</b>	Attachment for Life: 10:30am - 12:00pm  Young & Mighty Parents 6:30 - 7:30pm <b>2</b>		
    	Active Parenting of Teens: 1:00 - 3:00pm  Nurturing Fathers 6:00 - 7:30pm <b>6</b>	Stepping Stones Triple P Group 1:00 - 3:00pm  <b>7</b>	Group Triple P: 10:00am - 12:00pm Sensory Group Miwasin 10:00 - 11:30am Fear-less Triple P Group 3:00 - 5:00pm Cooperative Parenting & Divorce 3:00 - 5:00pm <b>8</b>	Attachment for Life: 10:30am - 12:00pm Sensory Group (Oyen) 10:30am - 12:00pm Fearless Seminar (Oyen) 1:00pm - 3:00pm  Solo Parenting Group: 6:00 - 8:00pm <b>9</b>	Sensory Group School Age: 1:00 - 2:30pm  <b>10</b>	<b>11</b>
	<b>Closed</b>		Group Triple P: 10:00am - 12:00pm Fear-less Triple P Group 3:00 - 5:00pm Cooperative Parenting & Divorce 3:00 - 5:00pm LGBTQ+/2S Parent Support 6:00 - 8:00pm <b>15</b>	Young & Mighty Parents 6:30 - 7:30pm  <b>16</b>	Sensory Group Infants: 10:30am - 12:00pm  <b>17</b>	<b>18</b>
  <b>@BridgesParentEd</b>  Register here:	Active Parenting: 1:00 - 3:00pm  Nurturing Fathers 6:00 - 7:30pm  Teen Triple P 6:00 - 8:00pm <b>20</b>	Nurturing Parenting Philosophies & Practices 3:00-4:30pm  <b>21</b>	Group Triple P: 10:00am - 12:00pm Fear-less Triple P Group 3:00 - 5:00pm Cooperative Parenting & Divorce 3:00 - 5:00pm <b>22</b>	Solo Parenting Group: 6:00 - 8:00pm <b>23</b>	Lunch & Learn Shopping Strategies 12:00 - 12:45pm  Sensory Group Preschool 3:00 - 4:30pm <b>24</b>	<b>25</b>
	Sensory Group Infants: 10:30am - 12:00pm Active Parenting: 1:00 - 3:00pm Dad's Group 6:00 - 7:30pm Teen Triple P 6:00 - 8:00pm <b>27</b>	Nurturing Parenting Brain Development 3:00-4:30pm <b>28</b>	Group Triple P: 10:00am - 12:00pm Fear-less Triple P Group 3:00 - 5:00pm Cooperative Parenting & Divorce 3:00 - 5:00pm <b>29</b>	Grandparents Group 10:30 am - 12:00 pm  Young & Mighty Parents 6:30 - 7:30pm <b>30</b>		

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Provincial Family  
Resource Networks



**WATERCOLOUR  
PAINTING**



**DRAMA**

**LEGO**



**CODING**

**TRY NEW THINGS**

**CHRISTMAS  
TREATS**

**MAGIC  
TRICKS**



**BASKETBALL**



**POTTERY**

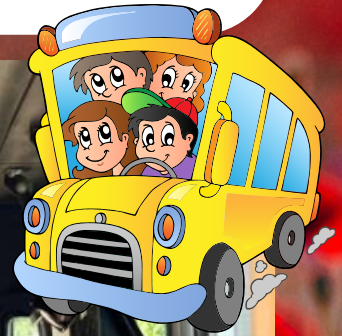
**CHRISTMAS  
PINATAS**



# October Caught Being Good



Way to go!! Liam, Sophia, Keely, Nathan and Taylor



Recruiting Drivers for PRPS Bus Routes

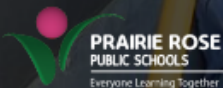
**NEW** Bus Driver Training Grants

**Class 2 and Class 4 Licenses**

Free training and reimbursement of additional costs including travel and accommodations.

Class 2 Driver Training: Driver Reimbursement up to \$1,200



Class 4 Driver Training: Driver Reimbursement up to \$600



Contact: Derek Beck / 403-527-5516 / derekbeck@prrd8.ca

# NOVEMBER



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Assorted Sub.	2 Tuna Plate	3 Sloppy Joes
6 Taco Wrap	7 Creamy Potato Soup Toonie Treat	8 Ham and Cheese Sub. Remembrance Day Ceremony 9:00 	9 SI Day No School	10 Wellness Day No School
13 Ham and Cheese Melt Picture Retakes 	14 Beef Barley Soup Toonie Treat	15 Meatball Sub.	16 Meat and Cheese Plate School Council Meeting 6:00pm	17 Hamburgers
20 Breakfast Wrap	21 Creamy Chicken Noodle Soup Toonie Treat	22 Club Sub.	23 Tuna Plate	24 Pasta and Meat Sauce
27 Taquitos	28 Lasagna Soup Toonie Treat	29 Assorted Sub.	30 Meat and Cheese Plate	