



November Newsletter



Mrs. Asham's Message

As we move further into the school year, I remain filled with gratitude for the positive energy and commitment that everyone has brought to our school. October was a productive month, with progress reports helping to guide our students toward meaningful goals for the year.

As the crisp days of November set in, please make sure your children are dressed for outdoor play, as staying active and enjoying the fresh air is important for their well-being.

At I.F. Cox, we are committed to creating encouraging, supportive, and personalized environments where students can strive for academic and social excellence. Our teachers have been hard at work ensuring that learning experiences are both engaging and inclusive for every student. From the foundational skills being built in classrooms to the deeper learning opportunities that foster curiosity and creativity, we are making strides in supporting each child's success.

Our Homeroom Heroes competition continues to bring out the best in our students, encouraging collaboration, teamwork, and school spirit. It's wonderful to witness the pride and joy each class shows in participating, from wearing orange shirts to participating in the bus poster contest. These activities not only build strong connections within the classroom but also reinforce the importance of working together as a school. Watch for more Homeroom Heroes competitions coming soon!

As always, thank you for your continued support. Together, we are creating a strong foundation for success, and I look forward to seeing how our students continue to grow and achieve in the months ahead.

Mrs. Linda Asham



SUPPORTING FAMILIES & STUDENTS

Hi everyone! My name is Ashton Goehring and I am the Family School Liaison Worker (FSLW) at Isabel F. Cox School. I offer school based social and emotional counselling and support to the classrooms, students and families. All counselling support for students is provided at the school, during the school day. All support is free and confidential. I am at the school on Tuesdays, Thursdays and Fridays. The groups I offer include: Lego Social Skills, Worry Warriors, Grief and Loss, Anger Fire Fighters and Healthy Friendships.

Please call or email me for more information, or to register for groups or individual counselling.

Ashton Goehring BSW, RSW

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WILD 94.5 FOOD DRIVE - Supporting the Root Cellar

Our school is proud to participate in the Wild 94.5 Food Drive to support The Root Cellar Food & Wellness Hub in Medicine Hat!

From November 1st to November 19th, we will be collecting food and cash donations to help those in need in our community.

Here's how you can contribute:

- **Bring Item Donations to the school:** Non-perishable items such as canned tuna or chicken, soups, canned meals, sugar, peanut butter, jam, pasta, pasta sauce, rice, cereal, pancake mix, syrup, canned fruits and vegetables. We are also accepting dish soap, laundry soap, body wash and feminine hygiene products.
- **Cash Donations:** Every \$1 donated equals 2 pounds of food for those in need! You can e-transfer your donations directly to donate@mhfoodbank.com or you can add it to the donation can in the school office.

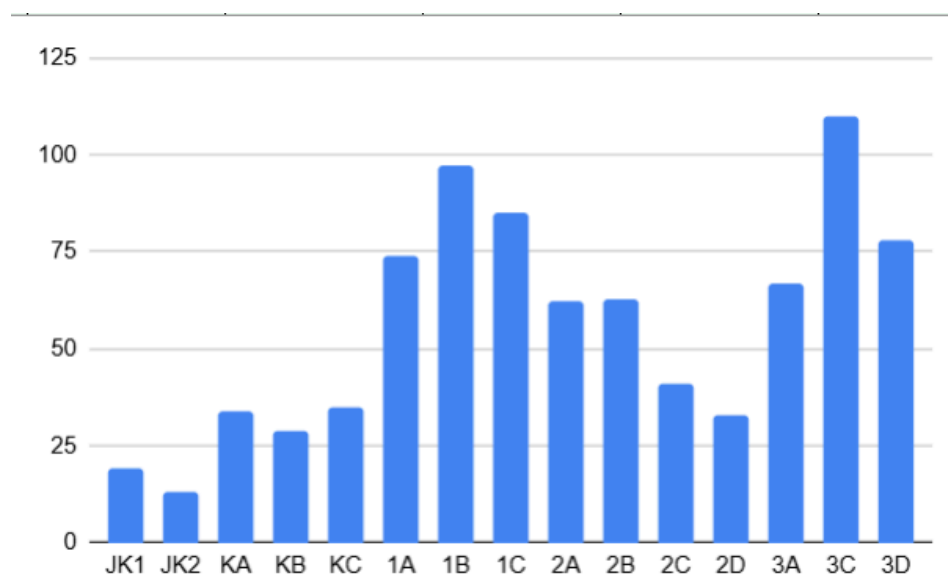
Let's work together to make a difference in our community.

Thank you for your generosity and support!



HOMEROOM HEROES

Our Homeroom Heroes program is off to a fantastic start! Each class has shown incredible enthusiasm and spirit by creating their own unique flags and participating in friendly competitions. So far, we've recorded points for four events: wearing orange shirts on Orange Shirt Day, contributing to our Terry Fox fundraiser, coming to goal setting meetings with the "2 Stars and a Wish" filled out and entering into the bus poster contest. The friendly rivalry within each grade level has sparked pride and teamwork among students and staff alike! Coming up in November, points will be available on World Kindness Day and World Diabetes Day. Stay tuned as the Homeroom Heroes continue to compete, support great causes, and strengthen our school community!



CHRISTMAS CONCERT - SAVE THE DATE



Join us for an evening of holiday cheer at our I.F. Cox Christmas Concert! This year's performance will be held at the Medicine Hat College on December 4th, from 6:30 to 7:30 p.m. Ticket information will be coming out soon. Don't miss this festive celebration—mark your calendar!



NOVEMBER HOT LUNCH

Our next hot lunch will be on Thursday, November 21st, featuring McDonald's! The following options are available for:

- Hamburger Happy Meal with ketchup only - \$6.50
- Cheeseburger Happy Meal with ketchup only - \$6.75
- 4-piece Chicken Nugget Happy Meal - \$7.00



Each Happy Meal includes apple juice, yogurt, apple slices, and a cookie. Please place your order on School Cash Online by November 17th. No late orders will be accepted. Regular school lunch will be served for those that do not want to order.



TOONIE TREAT IS BACK!!

While our School Council works on forming a Toonie Treat committee, the school will be organizing the program for now. We're excited to offer three treats before the Christmas break! For just a toonie, your child can enjoy a fun treat prepared by our staff, with all funds supporting school initiatives.

To make things easy, you can purchase a Toonie Treat coupon sheet (10 coupons for \$20) online or at the school office, or simply send a toonie with your child on treat days.



Note: Treats will now be serve Thursday afternoons.

Thursday, November 14 - Orange Julius
Thursday, November 28 - Apple Slices With Caramel



IT'S BACK AGAIN



TNT



Our Fall session is underway!

Some of our new sessions include Mixed Media, Puppet Making and I. F. Cox School of Rock. We are definitely Igniting Minds and Forging Futures with this program!





MILK TICKET SHEETS FOR SALE



1 sheet of 10 milk tickets = \$10

Purchase these at the school office or through School Cash online.
Students can also just bring a loonie on the day they want milk.

White milk Monday-Thursday
Chocolate milk on Friday only

WE ARE COLLECTING CAN TABS

2B is collecting can tabs again this year. They will be donating the money from the recycling of the aluminum tabs, to the SPCA. Please remove your can tabs and bring them in to help contribute to the collection.



HELP US RECYCLE WRITING TOOLS AND BATTERIES



FEED US!!

Did you know that over 2 million writing instruments have been saved from landfills across Canada, thanks to recycling? If we lined up all the pens and pencils recycled through this program, they'd stretch up the CN Tower nearly 700 times!

Here's how it works: once collected, these used writing tools are cleaned, sorted by material type, and transformed into raw materials that manufacturers can use to create brand-new products. You can recycle mechanical pencils, pens, markers and highlighters.

Join us in this eco-friendly mission by dropping your used writing utensils in our "Fox Box" located by the main office.

You can also add your dead batteries to our Battery Robot for recycling!!
Let's work together to make a big impact, one item at a time!

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>To set your clocks back on Sunday, November 3rd To hand in your food drive donations To submit your hot lunch order by Nov. 17 Moozoom theme: Respect and Consideration</p>				<p>1 Pierogies and Sausage</p> <p>Food Drive Begins</p>
<p>4 Pizza Wrap Assembly 2:15</p>	<p>5 Cheeseburger Soup</p>	<p>6 Assorted Sub</p> <p>Remembrance Day Ceremony 1:15</p>	<p>7 SI Day No School</p>	<p>8 SI Day No School</p>
<p>11 Remembrance Day No School</p>  	<p>12 Chicken Taco Soup</p>	<p>13 Ham and Cheese Sub</p> <p>Gr. 1 Field Trip Big Marble</p> <p>World Kindness Day - Homeroom Heroes Points</p>	<p>14 Chicken Salad Plate</p> <p>Photo Retakes</p> <p>Wear Blue for World Diabetes Day - Homeroom Heroes Points</p> <p>Toonie Treat</p>	<p>15 Chicken Burger</p>
<p>18 Chicken Taquitos</p> <p>Skating Gr. 1/2B</p> <p>No Kindergarten classes today</p>	<p>19 Tortellini Soup</p> <p>Last Day for donations for the food drive</p>	<p>20 Club Sub</p>	<p>21 Meat & Cheese Plate</p> <p>McDonald's Hot Lunch</p>	<p>22 Pancakes and Sausage</p>
<p>25 Breakfast Wrap Skating 3C/3D</p>	<p>26 Creamy Chicken Pot Pie Stew</p>	<p>27 Meatball Sub Adaptive Schools Sports Day Gr. 1 Field Trip Big Marble</p>	<p>28 Tuna Plate School Council Meeting 6:15pm</p> <p>Toonie Treat</p>	<p>29 Chicken Alfredo</p>