



I.F. COX NEWS

JANUARY 2024



Mrs. Asham's Message



Happy New Year! I hope this message finds you well-rested and ready for an exciting start to 2024.

It looks like we are in for a bit of colder weather, so please make sure your child comes to school with their winter outer wear. We would like to thank the staff at the Red-Hat Co-op for donating some extra winter items to our school again this year! Their support is greatly appreciated!



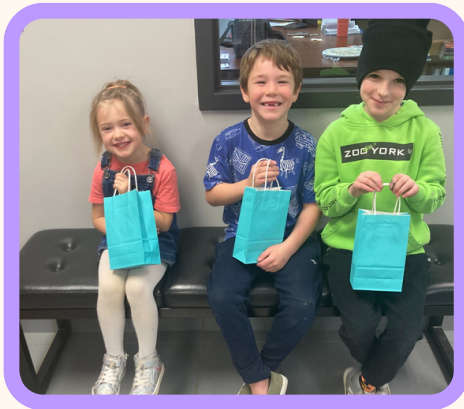
January is a time of reflection and renewal. It's a moment to look back at the accomplishments and progress made thus far and to set our sights on new aspirations for the months ahead. I want to take this opportunity to express my gratitude for your continued support and collaboration in ensuring our students thrive in their educational journey.

Remember, our doors are always open. Should you ever have questions, concerns, or need support, our staff is here to assist. We prioritize open communication and collaboration between home and school to ensure the best experience for our students.



2024 is going to be a GREAT year with all the wonderful students that are Caught Being Good at I.F . Cox school

**Congratulations to Decemeber's Winners!
Meyer, Rylie, Daniella, Logan, Nolan, Baxtyn,
Wyatt, Jocelynn, Elijah and Myra**



Social-Emotional Learning

In recent years, we have observed a noticeable increase in students experiencing various social and emotional difficulties. These challenges manifest in different ways, ranging from increased anxiety and stress to difficulties in managing emotions, forming relationships and coping with the demands of school. We are concerned about the well-being of all of our students and want to provide support and resources to help students and families navigate these challenges effectively. To achieve this, our school will be starting a program called, "Moozoom".

I'm probably really dating myself, but I'm hoping some of you remember the "Choose Your Own Adventure" books that used to be so popular among children in the 80's and 90's. This program is very similar in format. Students watch engaging role-playing videos and then help the real-life characters choose how to handle various situations. There are videos that follow, to demonstrated all the possible resolutions.



We will keep you posted as we dive into this program and become familiar with all it can do.



I.F. COX & THE MAVERICKS

2024 TICKET FUNDRAISER



\$5 FROM EVERY TICKET PURCHASED GOES DIRECTLY TO OUR SCHOOL!

AVAILABLE FOR A DISCOUNT PRICE!

\$12

PER TICKET (REGULAR \$15)



HOW TO PURCHASE

- call/message the school
- order on School Cash

Important Notice: Nutrition Program

We are very fortunate that our nutrition program provides lunch to our students each day. We understand that individual tastes, preferences and dietary needs vary, however, we cannot plan to prepare meals for all of these differences. In the event that your child does not want the lunch prepared on a certain day, we kindly request that you prepare a packed lunch on those days. Students will not be allowed to go to the kitchen to get something different than what has been prepared.

Children that do not get a breakfast in the morning have the option to come in early from 8:10-8:20 for breakfast. Destiny also makes muffins in the mornings, that she delivers to classrooms on a rotating schedule. Other snacks, for recess times or extra lunch items, need to be packed from home.

Thank you for your support!



**THANK
YOU!**

To Destiny and all of the volunteers who helped make our turkey dinner a huge success! Special thanks to our School Council for contributing towards the cost of the meal.



**Welcome To
I.F. COX
SCHOOL
Mr. Walters**

Mr. Walters has been playing guitar for over 40 years. He has a Bachelor of Music and a Bachelor of Education Degree. We want to welcome him to our school, as he will be filling in for Mr. Mason for the next couple of months.



Redcliff Skating Club 2023-2024 Season



Programs available starting **January 8th 2024:**

PreCan Skate - Beginner lessons for 4+ years with no skating experience.

CanSkate - 4+ years with basic skating skills.

Monday, Wednesday, and Thursday

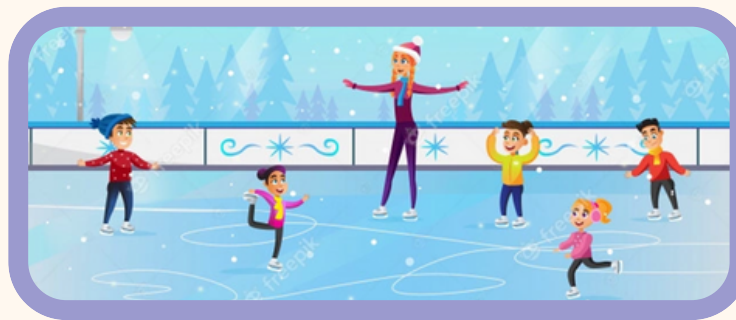
Choose one, two or three days a week.

Junior Star Skate - Introduction to Figure Skating: jumps, spins, dance skills with optional tests and competitions.

Senior Star Skate - Advanced Figure Skating: jumps, spins, dance skills with optional tests and competitions.

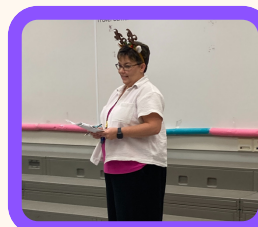
Private Lessons available.

Registration Online: Please email redcliffskatingclub@hotmail.com for forms and specify which program and time slot or text Joanne at 403-458-2765.



Thank You for all of your support during our Christmas Market !

We raised almost \$1000 from the sales at the market. This money is going to be put towards upgrades to outdoor classrooms around our school.





Alberta Health
Services

Baby Babble & Play

Free Caregiver Coaching
with your birth to 12 month old

Come join us for one, a few, or all the sessions, *with your child*,
to have fun learning through play!

Location: Children's Allied Health

Medicine Hat Regional Hospital
666 5th Street SW, Medicine Hat, AB T1A 4H6

Weekly guest speakers may include:

-Occupational Therapist, Physical
Therapist, Lactation Consultant/Feeding
specialist, Behavioural Consultant

Thursdays 10:30-11:30am

01 February 29th, 2024

02 March 7th, 2024

03 March 14th, 2024

04 March 21st, 2024

05 March 28th, 2024

06 April 4th, 2024

Weekly topics include:

Purposeful play, Understanding,
Communication, Daily Routines,
Music, and Stories

Please call the Medicine Hat Regional Hospital's Speech, Language and Hearing
Department at **403-528-8175** to reserve your spot and if you have any questions!



Toddler Talk & Play

Free Caregiver Coaching
with your 12-30 month old

Come join us for one, a few, or all the sessions, *with your child*,
to have fun learning through play! Everyone welcome!

Location: Children's Allied Health
Medicine Hat Regional Hospital
666 5th Street SW, Medicine Hat, AB T1A 4H6



(scan QR code for parking options)



9:30-10:30am Group

01 Follow Their Lead

Tuesday, January 9, 2024

02 Copy & Add

Tuesday, January 16, 2024

03 First Words

Tuesday, January 23, 2024

04 Daily Routines

Tuesday, January 30, 2024
Guest Service
Provider: Behavior Consultant

05 Songs, Rhymes & Books

Tuesday, February 6, 2024

06 Expanding Language

Tuesday, February 13, 2024

Please call the Medicine Hat Regional Hospital's Speech, Language and Hearing
Department at **403-528-8175** if you have any questions!

JANUARY



Monday	Tuesday	Wednesday	Thursday	Friday
8 Ham and Cheese Melt 	9 Chicken Noodle Soup Tasty Treat	10 Assorted Sub.	11 Tuna Plate	12 Pasta and Meat Sauce
15 Breakfast Wrap Skating 1A, 2C, 3D	16 Corn Chowder Tasty Treat	17 Club Sub.	18 Meat and Cheese Plate School Council Meeting 6:00pm	19 Meatballs and Mashed Potatoes Skating 1B & 2A
22 Pizza Wrap Skating 2A & 3D	23 Beef Noodle Soup Tasty Treat	24 Assorted Sub.	25 Tuna Plate	26 Pancakes and Sausage
29 Soft Taco Skating 1B & 3D	30 Chili and Bun Tasty Treat	31 Ham and Cheese Sub		