

# I. F. Cox Newsletter

October 2024

## Message from Mrs. Asham

As we wrap up the first month of school, I am filled with gratitude for the incredible start to the year we've had. The energy and excitement from students, staff, and families have been amazing to witness.

A major highlight from September was our Back to School BBQ. It was wonderful to see so many of you come out to support the event and share in the fun as we reconnected as a school community. Your involvement and support truly set the tone for a positive school year.

In classrooms, our students have quickly settled into routines and are embracing their learning with enthusiasm. It's been a joy to walk through the halls and see the curiosity and collaboration happening every day.

Looking ahead, October brings our progress reports. These early assessments provide a snapshot of your child's current progress and offer an opportunity to set meaningful goals for the year. We encourage all parents to attend one of our goal-setting evenings to collaborate with your child and their teacher in planning for a successful year.

As the weather cools, we encourage students to come dressed warmly for outdoor play. It's important for them to continue being active and enjoying fresh air.

Thank you for your ongoing support. Together, we're building a strong foundation for success this year, and I can't wait to see what we'll achieve in the coming months. - Mrs. Asham



**Our service area:**  
 Services may be provided in the home, in clinics, at community health sites or childcare facilities throughout urban and rural Southern Alberta.



**Is there a cost for services?**

There is no cost. All assessments and treatments are covered by your Alberta Health Card.



**Another Option:**

Various webinar topics for parents or any caregiver in the community at [AHSweb.ca/MHA/Prwebinars](http://AHSweb.ca/MHA/Prwebinars)



Please contact our department to make an appointment.

**Children's Allied Health**

Phone: 403-529-8966  
 Fax: 403-529-8859

**Behavioural Services**

Phone: 403-502-8257  
 Fax: 403-528-8135

**Audiology & SLP**

Phone: 403-528-8175  
 Fax: 403-528- 8190

Health Link Alberta  
 Call 811



**Children's Allied Health**

Supporting children, youth, and families in Southern Alberta communities.



**Services Provided:**

**Intake Services:**

Supports the family with intake services in the modality preferred by the client (phone, zoom, clinic).



**Audiology (Hearing):**

An Audiologist assesses hearing ability, identifies hearing loss, provides recommendations, and works with the client & family to improve communication.



**Occupational Therapy:**

An Occupational therapist (OT) evaluates and treats a child's ability to function in activities of daily living, such as self-care skills (dressing, feeding, sleeping and toileting), productivity and leisure.



**Physiotherapy:**

A Physiotherapist (PT) works with children to improve flexibility, strength, coordination, balance, endurance, gross motor skills (i.e. rolling, sitting, walking, jumping, running, etc.) and mobility through play and exercise. PT can also address head shape & neck tightness (torticollis) concerns in babies.



**Behavioural Services:**

The Child & Youth Developmental Specialist offers early intervention & skill building supports for the families of children who have or may develop emotional or behavioural problems.



**Speech Language Pathology:**

A Speech Language Pathologist (SLP) assesses and treats communication difficulties such as speech sounds & language, hearing loss supports, voice and fluency as well as feeding and swallowing concerns.



**Social Work:**

Provides information and support to access resources, plans transitions, supports a diagnosis query & addresses financial or other barriers to service.



**Additional Services:**

Children and youth may also receive:

- Mobility & positioning equipment
- Seating Services
- Augmentative & Alternative Communication (AAC)
- Specialized supports for children with hearing loss
- Splinting, Orthosis, Serial Casting
- Dietitian supports
- Referral to the Developmental & Behavioral Diagnostic Clinic



**Family Centered**

Parents and professionals work closely together to understand the strengths and needs of each child and family. The family helps to determine goals, activities, and is encouraged to participate in the child's treatment program.



**Eligibility** - Infants & children are eligible for all services before school entry.

**New eligibility for children enrolled in school:**



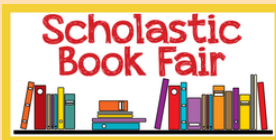
Episodes of care for a new functional need are provided by AHS therapists for eligible services (includes speech sound services birth to 18 years)

# HAPPY FALL Y'ALL



## BUS SAFETY

Children riding the bus are dropped off and picked up at the East side of the school, where staff supervise the area daily. Please do not park in the bus area. To ensure your child's safety, cross the street at designated crosswalks. If a school bus route is running more than 20 minutes late, an effort will be made to inform parents of the delay via School Messenger.



## THANK YOU FOR YOUR SUPPORT!

Thanks to your generosity, we've been able to purchase over \$850 worth of books for our school library. Your continued support helps enrich our students' learning experiences and fosters a love for reading.



## STUDENT ABSENCES



If your child will be absent from school, please notify us through SeeSaw, on our website by using the "Report an Absence" icon, or by calling the office at 403-548-3449. Your communication helps us ensure the safety and well-being of all students.




# TNT STARTS ON OCT. 18



# PROGRESS REPORTS

Our first report card will be called a "Progress Report" and will be sent home on October 18th. This report will provide an early overview of how students are progressing and help set goals for the year. Goal Setting Meetings will be scheduled for the following week, after school.

Prior to the meeting, we will ask you to work with your child to complete the "Two Stars and a Wish" section of the document and bring it with you to the Goal Setting Meeting.

<b>Two Stars and a Wish</b>	
	
	
	

hello  
FALL



**NOW HIRING**



## Substitute School Bus Drivers

- + Substitute bus drivers for both regular daily bus routes and for extra curricular trips during the school day/weekends.
- + Class 2 and S Endorsement required. PRPS will train at no cost to the driver and a wage will be paid as part of the training process.
- + Drivers with a current Class 1 or Class 2 must still obtain their S Endorsement before being eligible to drive students.

*Visit [myprps.com/employment](https://myprps.com/employment) for more information.*





**NOW  
HIRING**

## **Sub Custodians**

- Monday - Friday
- On call as needed
- The school custodian is responsible for maintaining a clean, healthy work environment for all staff and students.



**Prairie Rose**  
PUBLIC SCHOOLS

Hi Everyone,

My name is Ashton Goehring, and I am the Family School Liaison Worker (FSLW) at Isabel F. Cox School. I'm excited to be back after my maternity leave and look forward to continuing to support our school community.

I provide school-based social and emotional counselling and support to students, families, and classrooms. All student counselling services are free, confidential, and take place during the school day. I'm available at the school on Tuesdays, Thursdays, and Fridays.

For more information or to register for group or individual counselling, please feel free to contact me by phone or email.

Ashton Goehring BSW, RSW  
Cell - 403-878-3630  
Email - [ashtongoehring@prrd8.ca](mailto:ashtongoehring@prrd8.ca)



**I.F.  
COX  
SCHOOL**

## **School Picture Day Wednesday, October 15th**

School picture day is approaching! If your child does not normally attend school on this day, you are welcome to bring them in for their photo. We suggest arriving before 1:00 pm to ensure the photographer is still available. Please check in at the office, and we will direct you to the photographer.



If you cannot be here on October 15th, our retake day is Monday, Nov. 14

# HOMEROOM HEROES

Our "Homeroom Heroes" initiative is an exciting way to foster school spirit, teamwork, and friendly competition throughout the year! Homerooms will compete, within their grade levels, to earn points by participating in various challenges. These challenges are designed to encourage both student and staff involvement, as adults are part of the fun too!

Each homeroom has created a unique flag that represents their class, and they will proudly display it during competitions. Points are awarded based on participation, so every effort counts!

For example, our first two competitions included:

- Orange Shirt Day: Classes earned points for wearing orange shirts to support this important day of reflection.
- Terry Fox Fundraiser: Homerooms received 1 point for every \$2 raised to contribute to the Terry Fox Foundation.

This is just the beginning, with more competitions and opportunities to earn points throughout the year. Let's cheer on our Homeroom Heroes as they work together, support important causes, and have fun!



# Hello October



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Noodle Soup	2 Club Sub.	3 Meat & Cheese Plate	4 Meat Loaf & Mashed Potatoes
7 Chicken Taquitos Grade 3 Field Trip Assembly 2:15	8 Lasagna Soup	9 Assorted Sub.	10 Chicken Salad Plate	<b>11</b> <b>No School</b> <b>SI Day</b>
<b>14</b> <b>Thanksgiving</b> <b>No School</b> 	15 Corn Chowder  School Pictures 	16 Meatball Sub.	17 Meat & Cheese Plate	18 Sweet & Sour Chicken Balls TNT Begins Progress Reports Go Home
21 Ham and Cheese Wrap Skating 1B/C, 2B	22 Tomato Noodle Goal Setting Meetings 3:30-6:00	23 Assorted Sub. Goal Setting Meeting 3:30-6:00	24 Tuna Plate Boston Pizza Hot Lunch	25 Pasta & Meat Sauce
28 Taco Wrap  Skating 3C/D	29 Potato Bacon Soup	30 Ham & Cheese Plate	<b>31 Hot Dogs</b> <b>Halloween Parade</b> 	