



# I. F. COX NEWSLETTER

# JUNE 2025

## Mrs. Asham's Message

As another school year comes to a close, I find myself reflecting on just how lucky I've been to spend so many years surrounded by amazing students, supportive families, and a highly skilled team of educators.

After 11 wonderful years at I.F. Cox School and 26 years with Prairie Rose School Division, I have made the incredibly difficult decision to retire at the end of this school year.

It has been an absolute privilege to serve as the principal of I.F. Cox and to be part of such a caring, dedicated, and inspiring school community. I am so grateful to the families of I.F. Cox for your constant support, encouragement, and partnership over the years. Your involvement and care have helped make our school the most amazing place to learn, grow, and belong.

I grew up in this community and spent much of my life here, and I have found it an incredible honour to serve the families of Redcliff in a school that holds so much meaning for me. I.F. Cox is more than just a school, it's a second home, and being part of this community, both personally and professionally, has been one of the greatest blessings of my life.

While this goodbye is bittersweet, I will always carry with me the memories and relationships that have filled my time here. I.F. Cox School and the community of Redcliff will forever hold a very special place in my heart.

Thank you, from the bottom of my heart, for allowing me to be a part of your children's lives.

While I'm looking forward to slower mornings and some time on a Mexico beach, I'll miss the joyful chaos of school life, the heartfelt hugs from students, and the daily reminder that this work really does matter.



With gratitude and warmest wishes,  
Linda Asham



# Farewell Mrs. Robins

Dear I.F. Cox Families and the Redcliff Community,  
After many meaningful years at I.F. Cox School, I will be moving on to a new role as Principal at Bow Island Elementary School in the fall.

While I am excited for this next chapter, saying goodbye to this incredible community is not easy.

Since joining I.F. Cox in 2007, I have had the immense privilege of learning and growing alongside remarkable colleagues, supportive families, and—most importantly—our wonderful students. This school has been more than a workplace; it has been a place of purpose, joy, and deep connection. The relationships formed here and the countless moments of growth, laughter, and learning will stay with me always.

To the parents and guardians of our I.F. Cox students, thank you for your trust, your partnership, and your unwavering support over the years. To our staff, thank you for your dedication and for inspiring me everyday. To our students—thank you for being the bright, curious, and kind-hearted individuals that make this school so special. You have been the heart of my journey here, and I will carry your stories and smiles with me wherever I go.

Though I am moving on, I will always remain a proud supporter of I.F. Cox School and the Redcliff community. Thank you for the memories and for shaping me into the educator and leader I am today.

Sincerely,  
Candace Robins



# Farewell Mr. Mason

Dear I.F. Cox students and families,

It is with a heavy heart and bittersweet emotions that I announce my retirement as the music teacher for I. F. Cox School. This was a very difficult decision to make. I truly love this school and all the staff and students I have worked with over the last 8 years of teaching music.

It has been a gift to me to be able to sing, dance, play games, share the basics of music, and laugh every day with the students and staff.

So many incredible memories will stay in my heart and make me smile in the future as I hike up a mountain, ski across a frozen lake, or walk on a sunset beach.

Now that my own children are grown, and my wife slowly backs away from her job as a veterinarian, I want to explore other parts of my life throughout the year, not just during summer breaks. I will still bring music with me when I occasionally return to the schools as a substitute teacher. This is not the end for Mr. Mason and the Redcliff schools, It's just a change of lanes for me, and an opportunity for a young, enthusiastic music teacher to take music in the schools to new heights.

To my students, parents, and colleagues, thank you for enriching my life, bringing me much joy and sweet memories that will stay with me for the rest of my life.

Mr. Ron Mason





### 🐟 Grade 3 Trout Release at Reesor Lake 🐟

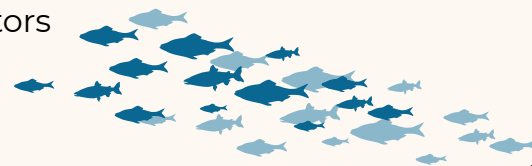
We're thrilled to share an exciting upcoming adventure with our school community! Our Grade 3 students have been helping to care for our trout fry and the time has come to release them into their new home at beautiful Reesor Lake.

As part of this special trip, students will not only release the trout, but will also take part in hands-on scientific testing of the lake's water quality. They'll measure pH levels, temperature, turbidity, and oxygen levels to ensure the habitat is just right for our young trout. This experience brings science to life in the most meaningful way.

After the release, students will join educational staff from the park to explore the wetlands and learn more about this important ecosystem. Inspired by the natural beauty around them, they'll also create watercolor paintings to capture the landscape and their experience.

We are incredibly grateful to our Parent Council for generously funding this unforgettable learning opportunity. Thank you for helping us connect our students to nature in such a powerful way!

Mrs. Robins/Mr. Montoya  
Fish In Schools Coordinators



## **Come Join Us for our Annual Pancake Breakfast**



**JUNE 20TH  
7:30-8:30 AM**

## Art Auction Success! 🎉

We are thrilled to share that our recent Art Auction raised **\$1,045!** The creativity and effort our students put into their artwork truly shone through, and the enthusiastic bidding made it an event to remember.

A heartfelt **thank you** to all the parents and families who supported the auction—whether by placing bids or spreading the word. Your participation not only celebrates our students' talents but also helps us continue to offer enriching experiences for them.

We're excited to announce that the funds raised will go toward our **End-of-the-Year Fun Day**, helping us plan a memorable celebration for our students to close out the school year with joy and community spirit.

**Thank you for making this event such a success!**





# I.F. COX & THE MAVERICKS 2025 TICKET FUNDRAISER



\$5 FROM EVERY TICKET  
PURCHASED GOES  
DIRECTLY TO OUR SCHOOL!

AVAILABLE FOR A  
DISCOUNT PRICE!

**\$13**

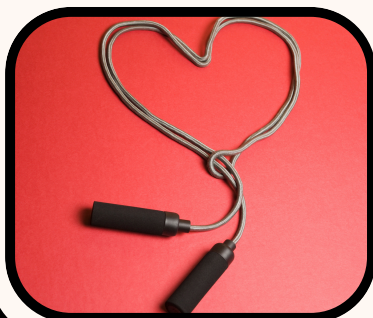
PER TICKET  
(REGULAR \$15)



**HOW TO  
PURCHASE**

- call/message the school
- order on School Cash

## THANK YOU FOR YOUR GENEROSITY



I F Cox student's, families  
and staff made a donation  
of **\$ 553** to the  
**Heart and Stroke  
Foundation of Canada**

# Message from Ashton

Can you believe it's already June? What a year it's been! It's been such a joy to watch the students of I. F. Cox grow and develop throughout the year. To those moving on to Grade 4 — I'll miss you!

This year, we updated our title from FSLW (Family School Liaison Worker) to SWC (Student Wellness Counsellor). This new title more accurately reflects the heart of our work — supporting students' well-being, providing proactive mental health care, and promoting overall wellness within the school community. It also better represents the professional counselling aspects of our role, making our services clearer for students, families, and staff.

Looking ahead, we're excited to continue our Parent Education Series, Heart and Home, this fall — stay tuned for more details! In the meantime, if you're looking for summer reading, I highly recommend "The Anxious Generation" by Jonathan Haidt and "Raising Securely Attached Kids" by Eli Harwood. For podcast lovers, "Good Inside" with Dr. Becky and "The Child Psych" Podcast are excellent listens.

If you or your family are in need of support over the summer, here are a few resources available:

Alberta Health Services: 1-888-594-0211

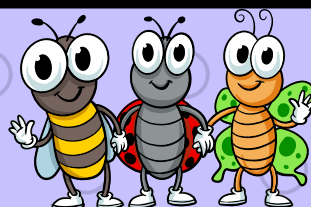
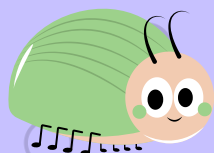
Medicine Hat Family Services: 403-504-8026

Children's Allied Health: 403-529-8966

Wishing you all a safe and relaxing summer — I look forward to reconnecting in the fall!

Warmly,

**Ashton Goehring BSW, RSW**  
**Student Wellness Counsellor**  
**403-878-3630**





ISABEL F. COX

Grade Three  
**GRADUATION**

June 26, 2025



**Ceremony**

11:00 am

*Principal's Welcome  
Teachers' Address  
Diplomas & Gifts  
Photo Slideshow*

**Graduation Luncheon**

12:00 pm

**A-1 PIZZA**

*Thank you to A1 Pizza for generously  
discounting our student-parent lunch*

*A photo booth will be available in the music room to fill the time  
between lunch and the final assembly.*

**Schoolwide Final Assembly**

12:45 pm

*Special Awards  
Departing Staff Acknowledgement*

**Dismissal**

2:00 pm



*Have a fantastic summer!*

**Congratulations!**

# Annual General Meeting

for the

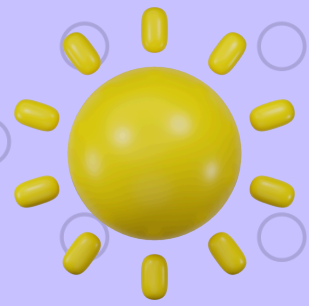
**I.F. Cox School Council**

**I.F. Cox Parent Advisory  
Association**

Thursday, June 19, 2025 @ 6:00pm  
I.F. Cox School Staff Room

Executive Nominations - Positions Available!

We hope to see you there!



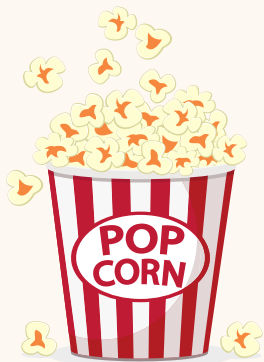
**I.F. COX**  
**SCHOOL**

## Popcorn For a Purpose

Thank you to everyone who bought popcorn during Mental Health Week.

We were able to collect **\$330** to go towards our **Year End Fun Day.**

*Great work!*



REGIONAL REGISTRATION MAY 12TH TO JUNE 5TH



TABER • JULY 2-5, 2025

Regional Director info can be found on the Southern Alberta Summer Games website



- |                   |                  |               |
|-------------------|------------------|---------------|
| 3/5/10 KM RUN     | BADMINTON        | MOTOCROSS     |
| 3 ON 3 BASKETBALL | BEACH VOLLEYBALL | PHOTOGRAPHY   |
| 5 PIN BOWLING     | CRIBBAGE         | POWER LIFTING |
| AIR GUN RIFLE     | E-SPORTS         | PICKLEBALL    |
| ARCHERY           | GOLF             | SMALLBORE     |
| ATHLETICS         | HANDGUN          | SOCCER        |
| BALL HOCKEY       | MINI SOCCER      | SWIMMING      |
| BASEBALL          | MOUNTAIN BIKING  | TRAPSHOOTING  |

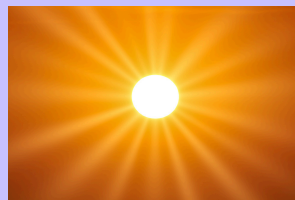
REGIONAL DIRECTOR CONTACT

 JONAH CARLSSON  
 (403) 526-2888  
 JONAH.CARLSSON@CYPRESS.AB.CA

[southernalbertasummertimegames.ca](http://southernalbertasummertimegames.ca)



**Thank You**  
**GreatWest Kenworth**  
for a wonderful treat on these first hot days!  
The Students greatly appreciated them!



# FISH-O-GRAMS

**NEXT WEEK WE WILL BE  
SELLING FISH-O-GRAMS  
\$1.00 EACH**

Proceeds go to the Year End Fun Day.

# Save The Date!

# REDCLIFF DAYS

June  
13, 14 & 15  
2025





# JUNE



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> Chicken Taquito</p> <p><b>Assembly 2:15</b></p>	<p><b>3</b> Chicken Caesar</p> <p><b>Last Toonie Treat</b></p>	<p><b>4</b> Ham &amp; Cheese Sub.</p> <p><b>Swimming</b> 1C, 2C, 3A, 3C 1A, 2A, 2B, 3D</p>	<p><b>5</b> Ham &amp; Cheese Plate</p> <p><b>Fish Release</b> Grade 3</p>	<p><b>6</b> <b>SI Day</b> <b>NO</b> <b>School</b></p>
Fish - O - Grams for SALE \$1.00				
<p><b>9</b> Turkey Bacon Wrap</p>	<p><b>10</b> Chef Salad</p>	<p><b>11</b> Assorted Sub.</p> <p><b>Swimming</b> 2B, 2D, 3C, 3D and 1B, 1C, 2C, 3A</p>	<p><b>12</b> Hot Dogs</p> <p><b>Year End Fun Day</b> <b>Margaret Wooding</b> <b>School Gr. 3</b> <b>Parent Night</b> <b>5:45-6:30</b></p>	<p><b>13</b> Hamburgers</p>
<p><b>16</b> Ham &amp; Cheese Melt</p>	<p><b>17</b> Sloppy Joes</p>	<p><b>18</b> Meat Ball Sub.</p>	<p><b>19</b> Tuna Plate</p> <p><b>Swimming</b> 1A, 1C, 2A, 2C, 2D AND 1A, 3A, 3C, 3D</p>	<p><b>20</b> Chicken Burgers</p> <p><b>Pancake Breakfast</b> <b>7:30-8:30 am</b> <b>Last TNT</b></p>
<p><b>23</b> Pizza Wrap</p>	<p><b>24</b> Chef Salad</p>	<p><b>25</b> Assorted Sub.</p>	<p><b>26</b> Taco in a Bag</p> <p><b>Last Day Students</b> <b>2:00 Dismissal</b></p>	<p><b>27</b></p>



*Have a great summer!*